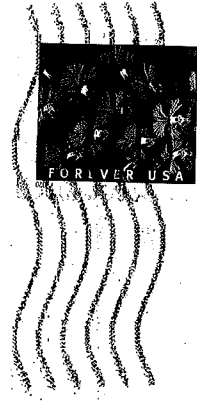


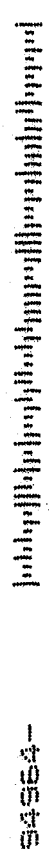
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5.2.20

The right words at the right time changes a persons mood and perspective. The right words at the right time also reenergizes inspiration and motivations. Most of all actions speak louder than words and the actions of the PUP organization speaks volumes: Authentic, selfless, compassion and sincerity to name a few. The gift and the enclosed letter put a shine in my day that will help carry me on in these unstable and confusing times. I am very grateful of the gesture issued by PUP. I'm proud to be part of a community that supports its family on so many levels.

without visits from family and friends, without laughing and conversing with Tamaipas staff, days have been long and boring. Trying to find a new normal that's productive has been challenging. Hopefully we can get back to work soon.

This covid-19 pandemic has me concerned about the world as a whole. Of course I'm concerned about my family and friends but I don't feel like this is a time to think on a micro level. This enemy is demanding all people to be in one accord so that we can secure a promising future. I've been watching the name calling and mud slinging between leaders of nations and it's all wasted air and time. It's obvious this threat doesn't care about the politics of culture or race. Plus, we have no idea if this is just the beginning of a new suffering, that if unchecked may cause a somewhat unfamiliar to us all. That's why we should address this pandemic as a collective.

Right now I feel even more so vulnerable because of my circumstances as a prisoner. Not being able to receive COVID testing, unable to exercise social distancing and just a week ago we were

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Finally given masks, all these things weigh heavy on me because they are critical to maintaining physical and mental health. No health department such as the EPA or CDC seems to notice US. This negligent or apathetic attitude towards prisoners has reintroduced me to a fresh wave of abandonment. When the cell doors are locked the negative feelings of this vulnerability and abandonment is amplified. I don't know if I can fully explain it but it seems that all of ~~my~~ life's ills are heightened.

Through it all I hope we continue to find the courage, the will and tenacity to not accept defeat. I hope we find strength and celebrate small victories with the same zeal as large victories. So to the whole PUP organization, Mt. Tamalpais College students and faculty I thank you for being the victory of all soets.

Anthony Anderson

P.S. feel free
to share this