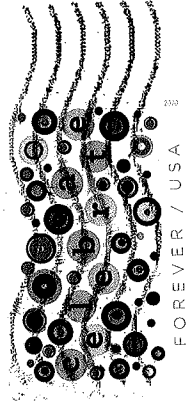


Mr. L.A. Crawford D-59960
1 WB 93 CSP-SAN QUENTIN
SAN QUENTIN, CA 94974

SAN FRANCISCO CA 940

11 MAY 2020 PM 6 L



Prison University Project
Post Office 492
San Quentin, CA 94964

94964-



PRISON UNIVERSITY PROJECT
POST OFFICE 492
SAN QUENTIN, CA 94964

TO WHOM IT MAY CONCERN:

MY NAME IS LOUIS ANTHONY CRAWFORD WHOM IS NOW INCARCERATED AT SAN QUENTIN STATE PRISON. I AM ENTERING MY 34TH YEAR IN PRISON BEHIND BARS. YOU ONLY CAN IMAGINE THE STORIES I CAN TELL. PRISON HAS NEVER BEEN ABOUT THE PHYSICAL ABUSE AN INMATE GOES THROUGH. IT HAS ALWAYS BEEN ABOUT THE MENTAL STRESS OF BONDAGE. THE WORRIES ABOUT FAMILY AND FRIENDS PLAY A BIG PART IN ONE'S DETERIORATION BOTH PHYSICALLY AND MENTALLY. SINCE MY STAY IN PRISON I HAVE LEARNED THAT I HAVE HIV, HEP C, UNCONTROLLABLE HIGH BLOOD PRESSURE, A TUMOR AND CANCER. ABOUT EIGHT MONTHS AGO I HAD AN OPERATION FOR COLON CANCER THAT CAUSE ME TO LOSE MOST OF MY ABILITY TO FUNCTION NORMALLY. WHEN I WAS TOLD THAT I MAY HAVE ONLY A YEAR OR LESS TO LIVE, I LAID ON MY BACK FOR 24 DAYS WITH A MIND-SET THAT WHEN I WAS RELEASED I WOULD PROVE THEM ALL WRONG. FOR WEEKS STANDING WAS A DIFFICULT CHORE. THEN I SHOOK THE WHEEL CHAIR. I STILL USE A WALKER TO GET AROUND AND I AM CLOSE TO SHAKING IT AS WELL. I CAN WALK ON MY OWN FOR SHORT DISTANCES BUT MY EQUILIBRIUM IS WAY OFF. I HAVE DIZZY SPELLS AND BLACKOUTS. ALSO THE KEMO BLOWS MY FINGER AND TOENAILS OFF. IT MAKES MY SKIN SO TIGHT THAT I CONSTANTLY FIND CRACKS IN MY SKIN. PAIN KEEPS ME COMPANY CONSTANTLY. I WRITE TO YOU NOT FOR MYSELF BUT IF I SHARE MY STORY IT MAY SAVE SOME POOR SOUL FROM THE TRAUMA THAT I HAVE ENDURED. I FEAR IT MAY BE TOO LATE FOR ME AND SHARING MY STORY EASES MY TROUBLED SOUL.

Sincerely,
Louis A. Crawford D-59960