



5-4-2020

Dear Prison University Project,  
@ Mt. Tamalpais College,

My name is Patrick Fletcher and I am one of the resident inmates in San Quentin prison, I am also the lead facilitator for the "Peer Health Education Program" here within the prison, and I am so very thankful for your thoughtful, kind and informative concern for the population here in the "Q", in this time of support and needed emotional balance  
Thank You!!

As a Peer Health Educator the most important part of my assignment is to empower individuals to become aware of how to protect their health from a self-health self-help perspective of education,

So the information you enclosed with the Tasty Care package that also included Soap and Stationary Supplies, really spoke volumes about your Organization and inclusive involvement with the entire resident inmate and Staff population here in San Quentin, So again, Thank You!!

Please Share this letter with the Prison University Project Community via website and email messages, and if it would not be asking to much of PUP Can you also post the enclosed Overview, inquiry, donations request for the Peer Health Education Program on your website to assist in getting the population here in the "Q", Continued up-to-date information on a variety of health issues, including the Coronavirus - Covid 19.

Thankful for You, Fletch  
/on

Date: 5-4-2020

CSP-San Quentin

## PEER HEALTH EDUCATION PROGRAM

Greetings and Welcome to the start of the Newly Revised 2020 Peer Health Education program

*Our Motto is: "Your Health is your Wealth"*

### MISSION STATEMENT

Peer Health Education is an exciting, dynamic, effective method of providing information to the inmate population and helping to change risky behavior choices both inside correctional settings and in the community. The goal of the Peer Health Educators is to provide beneficial practical health care information in a useful, accessible and relatable format that empowers individuals to become conscious and protect their own health "Self-health Self-Help" while incarcerated and upon their release back home.

### The Value and Benefits:

While the value of the peer health education program helps the inmates to develop skills for making healthy choices and builds self-confidence, it also benefits and extends assistance to the Administrative staff, Correctional staff and the Medical staff, by reducing the work burden of staff and facilitating a healthier inmate population, thereby cutting the cost incurred by unhealthy and critically ill inmates, as well as providing ongoing services, since peers may be available on-site 24 hours a day with formal and informal one-on-one outreach education and counseling services, because Peers share a common language and experience.

-Thank You for your cooperation and consideration-

San Quentin Peer Health Educators

(See Reverse for Resource Info, Request and details.)

While the Population here in San Quentin continues to grow the Peer Health Education Program is being given the unique opportunity to progress with it. We are located in the Education annex area in the B-Building (B-1), we are "Now" also on The San Quentin Institutional Channel 18.3, where we will be able to reach the entire prison with comprehensive Health-Education, Health Videos and Medical Information.

*\*Please Donate:*

DVD's, Poster's, Pamphlets, Public Service announcements and Visual Aid's, that contain and provide up-to-date information and content on Any or All of the following Topic:

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<b>HEPATITIS A,B &amp; C</b>	<b>HIV/AIDS</b>	<b>STD'S</b>	<b>TUBERCULOUS</b>		
<b>LIVER DISEASE</b>	<b>THE IMMUNE SYSTEM</b>		<b>THE FLU</b>		
<b>BACTERIA</b>	<b>PERSONAL HYGIENE</b>	<b>DIET</b>	<b>CANCER</b>	<b>GENETICS</b>	<b>CELLS</b>
<b>OBESITY</b>	<b>LUNG DISEASE</b>	<b>THE COLD</b>	<b>VIRUSES</b>	<b>HEART DISEASE</b>	
<b>DIABETES</b>					

*\*Note: Please forward the list of items you would like to donate to the contact person. Upon approval the contact person will inform you of the approved items and ask that you "ONLY" send the items/resource material on the approved donation form.*

**-San Quentin Prison Peer Health Education Program-**

P. Fletcher C-65703

Patrick Fletcher

<b>MAKER - RETAIN COPY,          SUBMIT ORIG TO:</b>	<b>Department of Corrections and Rehabilitation          San Quentin State Prison          1 Main Street          San Quentin, CA 94964</b>
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<b>FACILITY / PAROLE REGION / DIVISION</b> <b>San Quentin State Prison</b>	<b>CONTACT PERSON AT FACILITY / PAROLE REGION / DIVISION</b> <b>Lt. Carlton (CRM)</b>
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<b>NAME OF DONOR (INCLUDE NAME OF CONTACT)</b>	<b>ADDRESS OF DONOR</b>
	<b>TELEPHONE NUMBER</b>

**DESCRIPTION OF GIFT / DONATION (INCLUDE MODEL, NUMBER AND QUANTITY)**

<b>PHYSICAL CONDITION OF GIFT / DONATION</b>	<b>CURRENT MARKET VALUE</b> <i>(THE STATE DOES NOT TAKE RESPONSIBILITY FOR ESTABLISHING VALUES)</i>  <b>\$ _____</b>
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**HOW WILL THIS DONATION BE USED? (INCLUDE PROGRAM TITLES AND NUMBER OF INMATE / STAFF PARTICIPANTS)**

**IF THE ACCEPTANCE OF THIS GIFT / DONATION WILL RESULT IN THE EXPENDITURE OF STATE FUNDS OVER AND ABOVE NORMAL OPERATING EXPENDITURES, INDICATE ESTIMATED EXPENDITURES AND SOURCE OF STATE FUNDS TO BE USED**

**LIST ANY SPECIAL TERMS REQUIRED BY THE DONOR**

**APPROVED BY**

Name and Title	SIGNATURE	DATE
Name and Title	SIGNATURE	DATE
<b>COMMUNITY RESOURCES MANAGER</b> <b>J. Carlton</b>	SIGNATURE	DATE
<b>WARDEN / REGIONAL ADMINISTRATOR</b> <b>R. Broomfield</b>	SIGNATURE	DATE
<b>COORDINATOR OF FINANCIAL RESOURCES</b>	SIGNATURE	DATE
<b>DIRECTOR OF CORRECTIONS AND REHABILITATION</b>	SIGNATURE	DATE