

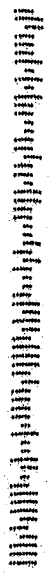
JACK W. FRIEND #H-39500  
CDLR - SAN QUENTIN #3-EB-103  
SAN QUENTIN, CA. 94974-0001  
U.S.A.

SAN FRANCISCO CA 940  
28 APR 2020 PM 5 L



JODY LEWEN  
90 PRISON UNIVERSITY PROJEC  
POST OFFICE 492  
SAN QUENTIN, CA. 94964  
U.S.A.

94964-



APRIL 27th  
2020

DEAR JUDY\*

I AM WRITING TO YOU TO THANK YOU ALL FOR THE PACKAGE OF THINGS YOU AND ALL OF THOSE FROM PRISON UNIVERSITY PROJECT FOR IT.

YOU ARE MORE THAN WELCOME TO SHARE MY LETTER.

I AM ALSO SENDING YOU A PHOTO OF MYSELF TO POST ON YOUR WEBSITE

AND A COPY OF THE 1089 ENIGMA FOR YOU TO POST ON YOUR WEBSITE,

IN CLOSING I WOULD LIKE TO THANK YOU MOST KINDLY FOR YOUR TAKING OF YOUR TIME TO READ THIS AS WELL AS FOR YOUR ANTICIPATED

ASSISTANCE IN POSTING MY PHOTO AND THE 1089 ENIGMA FOR ME ON YOUR WEBSITE. WHICH I DO HEREBY PRAY SHALL REACH YOU SAFELY AND

FIND YOU AND ALL OF YOURS SAFE, WATCHED OVER, PROTECTED, AND MOST

ABUNDANTLY BLESSED AMEN! I WILL ANSWER ALL WHO WRITE TO ME.

Sincerely Yours

With All Due Respect

In Christ

Jack W. Friend

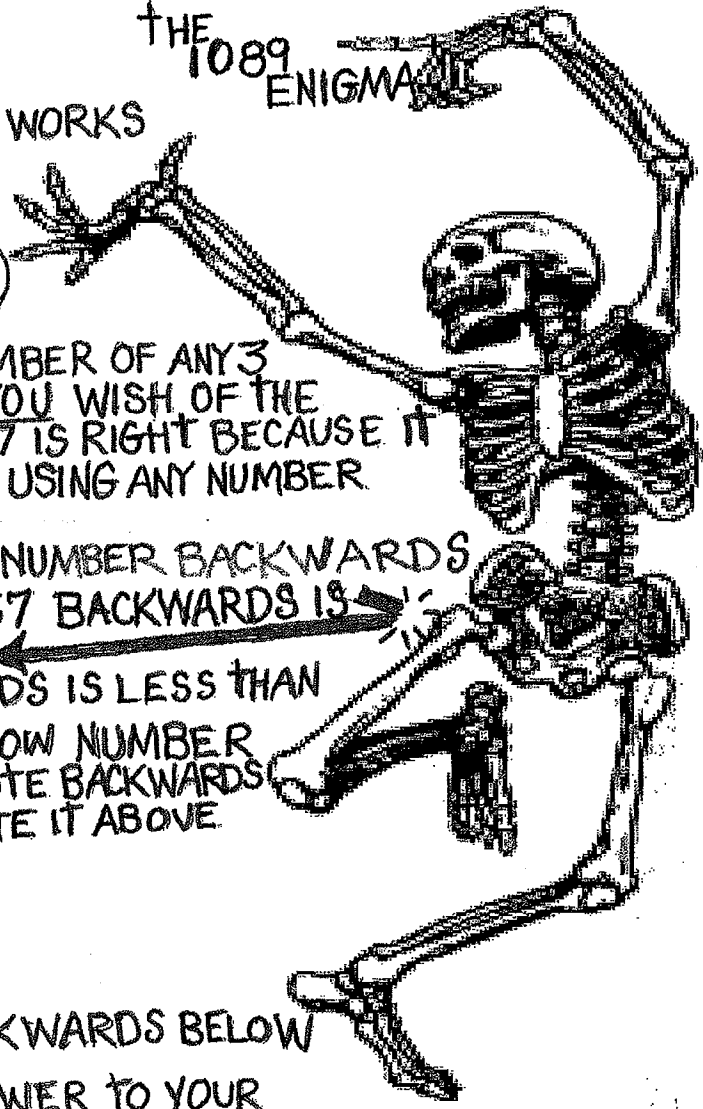
JACK W. FRIEND # H-39500  
CDCR- SAN QUENTIN # 3-EB-103  
SAN QUENTIN, CA,  
U.S.A. 94974-0002

P.S.

I AM ALSO SENDING YOU COPY OF 2 MEMOS THAT THE PRISON PASSED OUT TO ALL OF US ON DEATH ROW.

YOU CAN KEEP THEM I DON'T NEED THEM BACK

THE 1089 ENIGMA



GOD ONLY KNOWS HOW OR WHY IT WORKS BUT 1089 WILL ALWAYS BE YOUR ANSWER!

NOW YOU WRITE 1089 ON PIECE OF PAPER THEN YOU CIRCLE IT → (1089) IT WILL BE YOUR ANSWER!

NOW YOU WRITE DOWN A 3 DIGIT NUMBER OF ANY 3 DIFFERENT NUMBERS IN ANY ORDER YOU WISH OF THE NUMBERS FROM 1-TO-9 LIKE HOW 357 IS RIGHT BECAUSE IT IS 3 DIFFERENT NUMBERS WITHOUT USING ANY NUMBER MORE THAN ONCE.

NOW YOU WRITE YOU WRITE YOUR NUMBER BACKWARDS AT SIDE OF YOUR PAPER → 357 BACKWARDS IS 753

IF THE NUMBER YOU WROTE BACKWARDS IS LESS THAN THE NUMBER YOU MADE WRITE IT BELOW NUMBER YOU MADE. IF THE NUMBER YOU WROTE BACKWARDS IS MORE THAN NUMBER YOU MADE WRITE IT ABOVE.

NOW YOU SUBTRACT  
 NUMBER YOU MADE    753  
 -                      357  
 THE ONE FROM THE OTHER    396

NOW YOU WRITE THE ANSWER BACKWARDS BELOW YOUR ANSWER AND ADD+ YOUR ANSWER TO YOUR ANSWER BACKWARDS

396  
 693  
 1089

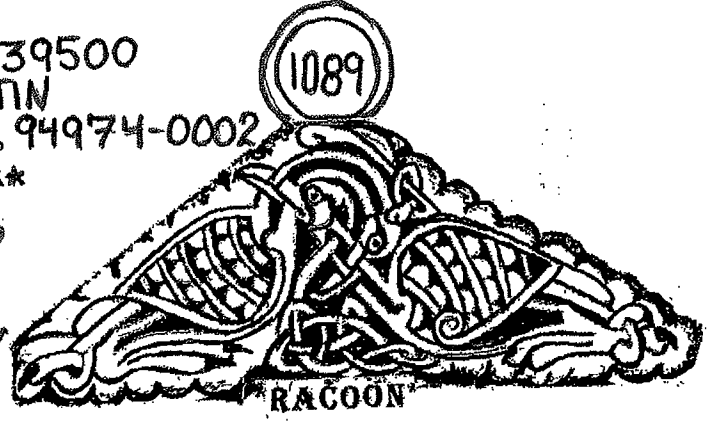
DEDICATED TO THE GLORY OF GOD AS ALL OUGHT TO BE. ".... WHATSOEVER YE DO, DO ALL TO THE GLORY OF GOD." 1ST CORINTHIANS 10:31. RESPECTFULLY SUBMITTED FOR YOU TO BE AMONG THOSE IN THE KNOW.

YOUR ANSWER WILL ALWAYS BE (1089)

BY JACK W. FRIEND \*H39500  
 C.S.P. ~ SAN QUENTIN  
 SAN QUENTIN, CA. 94974-0002  
 \*U\*S\*A\*

(1089)

LONG AS YOU FOLLOW DIRECTIONS! GOD ONLY KNOWS HOW OR WHY IT WORKS!





# Memorandum

Date : March 27, 2020

To : San Quentin Patients

Subject: **A MESSAGE FROM SAN QUENTIN MEDICAL PROVIDERS**

As many of you may know from following the news, Covid-19 cases have been increasing across California. Per Governor Newsom, the State is on a Shelter-in-Place order. In keeping with this directive which is designed to keep people safe, and the Centers for Disease Control's (CDC) prevention recommendations for health care facilities and clinicians, we have prioritized urgent and emergency visits and procedures now and for the coming several weeks, until further notice. All other regularly scheduled medical appointments are being tracked and will be rescheduled at a future date.

Similar to what is being done on the outside, we are working on setting up telemedicine stations so you can still have contact with your medical and mental health teams. We are reviewing active medication prescriptions. You may notice that one or more of your Nurse Administered medications is now Keep-On-Person. We are doing this as part of our efforts to encourage social distancing.

Many of you may have had your building go on Quarantine. During this time, you will get asked about symptoms and have your temperature taken at least one a day. Staff also are screened before being allowed to enter San Quentin. Please tell us of any new symptoms you might have. Please continue to practice Social Distancing - this means try to keep 6 feet away from other people for example when in pill/shower lines or in a waiting room.

Other key practices to keep yourself safe include:

1. Wash your hands frequently and for at least 20 seconds with soap and water. Wash your hands before leaving your cell/housing unit and when you return.
2. Cough or sneeze into the inside of your elbow.
3. Avoid touching your eyes, nose, and mouth with unwashed hands.
4. As possible, wipe down any surfaces that may have been shared by others such as a phone. Cell Block 64 is a very effective disinfectant.
5. If you feel sick with fever, new cough, or difficulty breathing, alert staff in the housing unit right away.
6. If you are over 65 or have chronic medical issues, limit interactions with other people as you can to avoid potential exposure to infection.

We are working hard to keep you as safe as possible during this world-wide pandemic. We are all in this together.

Sincerely,

San Quentin Medical Providers

# Memorandum

Date : March 27, 2020

To : San Quentin Inmates

Subject: **A MESSAGE TO ALL INMATES FROM WARDEN (A) R. BROOMFIELD AND  
CHIEF EXECUTIVE OFFICER (A) M. VERDIER**

On Thursday, March 26, 2020, we learned that a member of our staff has tested positive for COVID-19. We want to assure you custody and health care staff are working closely together to keep everyone at San Quentin safe.

The Marin County Department of Public Health has been notified and a contact investigation is underway to ensure those who may have come into contact with this individual are notified.

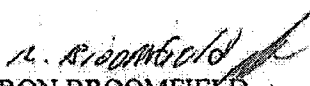
We will continue to screen all individuals every time they enter a facility or CDCR office. Persons showing any symptoms of respiratory illness are not permitted to enter.


We have the utmost faith in our health care, custody, and administrative professionals to protect this institution – and this community – from this virus. These are challenging times for all of California, and it is understood and expected that you are concerned for your health. We are doing all we can to keep everybody safe.

We are in communication with the CDCR Department Operations Center and Marin County Public Health, and will continue to follow Centers for Disease Control and Prevention and California Department of Public Health guidelines for responding to COVID-19.

Heightened anxiety is all but inevitable in these stressful, unprecedented times, and there is no immediate relief in sight. However, it is important to remember you are not alone, and there are resources available to you.

Thank you all for your understanding and patience. We are all working together to keep the entire CDCR Community safe and well.

  
RON BROOMFIELD  
Warden (A)  
San Quentin State Prison

  
MATT VERDIER  
Chief Executive Officer (A)  
San Quentin State Prison