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Please share my letter with
Everyone.

Hello, My Name is Steven Malecar # B1923, And I am writing this letter to ask what happens to us now? There have been alot of inmates who want the answers because they have contracted the Covid-19 virus due to Negligence of CDCR transferring those sick chino inmates to this prison that didnt have any cases. Since that Saturday those inmates arrived on May 23 2020 we now have close if not over 600 inmates sick with Covid-19. Myself included. I am Quarantined in the adustment center with the not knowing. I went to Carson Section on June 4 because I was being threatened by 2 other inmates. They say its Safety Concerns but Spin it to say if I didnt act a certain way those inmates would not have threatened me. The ICC Committee refused to make me Non Disciplinary Status "NDS" while they retained me in ASU pending transfer. That could be awhile, That was on June 11, 2020. Im now Sick with Covid-19 and on Quarantine and EOP with no chance at my MHDS EOP groups. I went on Suicide Watch 6/17/20 because Im having a difficult time dealing with my depression. All there

is to die, is really, honestly stare at the wall. You could only read so many books, and the radio makes it worse, I've told people AKA "clinicians and psychs" this but what I say falls on deaf ears. I mean these people make so much money. They wouldn't care if I really did do the unimaginable but lucky for them I got twin daughters who I look forward to meeting. I'm just looking to get through this. I've ordered a TV out because I came from reception to the ASU I may not get it. Which does not make any sense. The TV is a visual distraction and allows people like me to be able to smile and laugh by watching certain shows like ELLEN for ex. I've got a severe case of depression and by listening to the radio only makes it worse, either the negative on the news radio or listening to music that reminds me of being with my family, The Radio makes it worse. So looking in the Title 15 under 3190(L)(3) it ~~is~~ says ASU inmates (that's me) is Allowed 1 special purchase of an Entertainment device such as A TV or TV/Radio Combined, Now inmates in Carson Section have ⁴⁰ Serrantino as a property officer who won't allow

inmates that come from Reception that have to stay in ASU pending transfer order a TV. It clearly says in Title 15 that Any inmate in the ASU is ~~considered~~ considered a ASU inmate unless that inmate gets a Shv term or EOP gets a PSU term. Any other prison I've been to inmates in the ASU are allowed to have/buy their TV's while in Ad-Seg. It's a Law that was passed in 2012 to help inmate with their mental health. Anyway, I ordered my TV on 6/22 and since I'm in the Adjustment Center and my Property officer is Voight who seems to be OK may just give me my TV. I'm not sure how long I'll be here for because I'm ~~the~~ Covid-19 positive and I've heard the director of Public Health talk and they want everybody who is Covid-19 Quarantined and not to infect anybody else. The Prison does what they want. I'm EOP, Covid-19 positive, and am being refused mental health treatment such as groups which we are required to receive 4 groups a week and so far we have

had Q. My biggest concern is My Non-violent Parole Eligible DATE (NPAED) is Feb 10, 2021 That's Prop 57. Anyway, because of this Covid-19 Everything has been shut down, I'm not even supposed to be here at San Quentin, My reception is completed, My points are 69 (Level 4) and I'm EOP. My concern is, Am I going to be able to get approved for release because I am not able to get involved in any groups. Is my NPED going to qualify for early release due to this pandemic. I am a NON-violent offender. I was sentenced to 3 years doubled to 6 due to a second NON-violent strike enhancement. My second strike was dissuading a witness, with out this enhancement my sentence would be 3 years @ 50% which would be completed on 8.10.20, But because I have this non-violent enhancement my PRO is 11/6/22 and Prop 57 gives me a non-violent eligible date of 2.10.21. I have received any RVR's and I have received a Certification of Participation for making time count. But due to this Covid-19 I can not receive any more certificates. I'm stuck and need help. I want to go home and more importantly

I want to go home changed. I also would like to show the Board of Parole the people who will either approve or deny my parole that I have changed. I can't do that with no self help groups or self study in cell courses. So the question is what can I do in my cell to receive some certificates. I'm in here all day staring at the wall feeling lonely, and depressed. I'm worried I may not receive my TV's. I'm worried how I'm gonna react. Because getting that TV's all I got that will take away a lot of my anxiety and depression. I've got nobody to talk to. I only get to use the phone 1x a week because I'm not NPS. I'm not in Ad-Seg for Discipline, I'm here for Safety concerns. I'm here for a lot of reasons mainly because I don't want any trouble and I want to go home. So I ask for your help and answers to my questions, and find out why and how long this is going to last, and are the "NPED" dates going to

get closer due to the Covid-19.
I know EPRD's are changing but
Do the NPED Qualify for early
release? Can you find out why US
ASU inmates are being refused TV's.
Can you find out why EOP's are
being refused treatment? Why are
EOP's being refused TV's? Why
are EOP's still in Reception after
6 months. And why are all Non-violent
offenders getting early released. I've
contacted the Governor's Office because
on his website he talks about making
changes to the Prison Credit System
and plans to close 2 prisons but
he doesn't say when he plans to
start this change. My TV should
be here Wednesday. That'd be 10 days
from when it was ordered. Again
thank you for your help. Oh can
you please put me in touch with
the ~~lawyer~~ ~~with~~ ~~is~~ Mental health lawyer
who is serving the State. Thank you.

P.S. Can I please Sincerely
have A Writing Package Even
sent. I need some paper Malear BL 1923
↓ Envelopes Thank you

Please My letter with
EVERYONE!

To the People

6.28.20

As you all know, on 5.23.20 CDCR made a really bad decision to transfer 125 inmates from Chino (who let me remind you was dealing with a COVID-19 outbreak) to San Quentin State Prison. I have been here in reception since 1.2.20 in Alpine Section, when the Chino inmates were brought here they were placed in Badger Section which is located right behind Alpine Section. Soon after the arrival inmates in Alpine started getting sick because the C/O's was transferring the virus. First the Alpine porters all got sick then the porters was giving the virus to us when they were serving our food, and other supplies. I placed a 602 on the issue because the porters were not changing gloves and not wearing their masks while serving our food. The inmate Appeal Log# is SQ-A-20-01048 and the issue was living conditions. The C/O who heard it was [REDACTED] he's the desk guy in the Am. [REDACTED] basically strong armed me into withdrawing saying he was gonna make it.

known to All the other inmates that the reason why the food was cold is because I wrote a 602 asking for all these demands and by taking the Porters away from serving the food its gonna sit longer while the C/O's take their time handing out the food. [REDACTED] basically said that it was gonna be my fault the food is cold and by doing this he was going to place a target on my back and for this reason I got scared and with drew the 602.

Now, I'm sick with COVID-19 and the reaction from the prison is to Quarantine everybody from everybody until when? who knows. All I know is that this is in humane and being isolated by myself with no entertainment sucks. I mean I don't mind being by myself, I would like to receive my TV and my right to mental health treatment. I'm a NON-Violent offender being treated as tho I'm a Condemned, I would like to start a College

program. Some sort of self study in my cell. I've got nothing to do and nobody to write. Since you guys are prison university project I'm hoping there are some sort of in cell study program that I can do to get some sort of college credits or a pen pal that can keep me company. I am stuck here with nothing to do and I'm going CRAZY, so please help me help myself. Thank you.

I'm part of a mental health system that is shut down. There is a mental health lawyer who is advocating for us, I'd like to get in contact with him. I'm EOF which is the highest level of care and we are supposed to receive 4 groups a week in treatment and we get none. The prison changed the grievance procedure, now it takes 60 days to have a 602 heard. That's not legal. 60 days is

I have to be approved and with this quarantine is unlikely because I have no way to earn certificates. I'm just asking for a little help. I've got 17 month old twin girls who depend on me to get out ASAP so I can go back to work so I can provide them with health care and other need they have. Their mother is abusive and a year ago my daughters were removed because my 4 month old daughter was being beaten now 15 months later my daughters are being given back to the same person who 15 months prior was abusive & neglectful to infant babies, her own infant babies. I need to get out so I can be there for my babies. The Prop 57 law was supposed to remove non violent enhancements. I should be out in August but I'm not. I was sentenced to 3 years double to 6 years @ 80% due to a non-violent second strike enhancement for PC 136.1 (A)(1) Dissuading a witness which is a non-violent crime. I should've never received a non-violent

Second Strike Enhancement ~~which~~ which
now I'm doing 27 months more. I
should be out in August 10, 2020. I've
been in jail since Feb 10, 2019 that's
18 months AKA 50% of the 3 years before
the Non-violent Second Strike Enhancement
I'm now doing time on. I don't know
who to talk to regarding this but I
need help. My little girls need me
home. Please somebody help me.
I have not been in any trouble
since being in prison and all I
want is for somebody to recognize
that I'm being railroaded and this
enhancement should be removed and
I should be going home in August.
There's got to be something somebody
can do. I've written the governor's
office asking for a pardon. Please
help me.

P.S. The Medical Thank You
doctor just told me
that the Covid-19 virus Steven
goes away. That's not Markar BL 1923
true. He also said once our symptoms are
gone we can no longer transmit the virus
to others. Once we've got it we have it
till there's a vaccine. No wonder why it's still spread

I have the power of choice, and that means making a conscious decision to be responsible for my actions daily without placing blame on others. That means being willing to experience the ups and downs of living life on life's terms and not using it as an excuse. Ultimately the decision is up to me on how I ~~choose~~ to move forward. Taking responsibility for my own life helps me achieve the highest levels of wellness, happiness and life's satisfaction.

I know that trusting others took a long time for me and perhaps I still struggle. I learned to watch people's feet rather than what came out of their mouth. People can say anything, but their actions speak volumes about their character and allow me the opportunity to decide if developing a healthy, safe connection with them is possible or not. Intelligence plus character that is the goal of true education. We always kept in our hearts the most noble beautiful feeling that sets humans being's apart; HOPE.

Just as man cannot live without dreams, he cannot live without hope. If dreams reflect the past, Hope Summon the future. As your present circumstances dont determine where you can go they merely determine where you start!

I've written this letter to tell others that in order to change the mind frame YOU MUST accept responsibility for your action before you can trust anybody, anything, than you can find enough peace to find your hope than allow your dreams to find your heart. If you do not accept responsibility you will not be at peace. It all start with RESPONSIBILITY!

Sincerely,

Steven Malar BL1923