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To: Jody Lewen

greetings just wanted to extend
my regards

We did receive your gift, it was appreciated. all is well but I had the idea that it would be of help if we had someone that would advocate for more educational and Entertainment channels. it makes sense since we spend most of the day in a cell. if you could help with that it would be wonderful.

I just started the process of getting my GED and hope to do college courses.

I'll leave you with two poems that I hope shines light on the inside.

Respectfully. Manzo J.
#FA1130.

° Cope °

I'm empty handed.

I Can't Cope

I'm Fed Up With it all.

I want to end it tonight.

I have the strength,

I have the will.

Tonight sounds better than tomorrow

if I fail tonight then I'll try harder tomorrow.

I want to give up on this so called life

so I give it a try but I fail for the

hundredth time tonight.

When will I ever get it right.
Maybe some day, Hold On to Faith its due
to show up one of these nights

° lonely °

all alone in the world.

no one to lean on or rely on.

no one beside me no one behind me to
lead support

I'm all alone with no one in the world
its a shattered vase without repair

its a jigsaw with so many missing peices.

A distasteful crystal ball, I can't make out
my own reflection, it doesn't show me the way

its a lonely existence, being alone is a severe
heart ache.

A cruel existence no one deserves to live it.

if there was a choice of me or you I'd gladly
live it. to show how much I would suffer for you.

° please share with those that care °