

Robert Moore - B166735
Donner 4-45
San Quentin State Prison
San Quentin, CA, 94964



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28 APR 2020 PM 4 L

Prison University Project
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April 27, 2020

From: Robert Moore, CDC ^{BL} 6735

To: Prison University Project

First off would like to say a big Thank You to the prison university project and to the people concerned on the outside. Conditions in prison are not the best for us right now. Inmates in reception are on 24 hour lockdown, not being able to get fresh air on a daily. Which is affecting my breathing and my asthma. We were denied multiple yards and from even getting our medical slips accepted from the prison. They say temperatures would be taking everyday which hasnt. I've been denied a inhaler for my asthma medicine i need to help prevent asthma attacks.

Correctional officers make it mandatory for us to wear our mask at all times but most of them dont wear one at all. Which i dont understand when they have higher chance of contracting the virus covid-19. Guards have been tested positive for covid-19 already and have had contact with multiple inmates. Officers dont change gloves frequently from dealing with trash to serving us our food trays. As of date 4/27/2020 Correctional Officers have not used carts to serve our food, guard slid and kicked food trays down the whole tier, to them not wearing a mask and talking and breathing over our food trays. Food trays have just now changed with tops. Most prisoners in Donner RC reception have been in here 4-7 months and counting, they have seen Counselor as well as being endorsed to a prison. Within 30 days of endorsement date your suppose to be moved. Max days reception is suppose to have you here is 120 days. So if we been getting temperatures taking and not showing signs of Covid-19 why are being denied movement. Especially if your endorsed to San Quentin prison.

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People being held in Reception against there right and law. Inmates who have bee here over six months, should have been out here, it would create more space in Reception and for future prisoners coming. Committee should be coming to see people in RC reception. People with a year or less should be parolled to the house so they less at risk to catch covid-19. I have four kids 2 sons 2 daughters and would hate to catch virus in here and not be in there lives die in prison. Im also have and diagnosed with PTSD and feel my disorder should qualify me for a early release. Its a real contradiction saying your trying to help, but we cant get to the next step of getting home to our families. No one has shown symptoms of having covid-19 nor has anyones temperatures been unnormal. My breathing has been affected and we been denied medicine and medication to help sleep in here. How are or SQ trying to make space but holding nearly 800 inmates in RC in Donner and Badger. Our rights our been denied and violated because were in Cell 24/7. Cant go to chow hall to get our two hot meals for the day. So when we do eat food is cold and nasty. On top of getting it handed to you by a pair of dirty gloves. Were able to go to yard and be around all of each other but we cant walk and get our two ^{hot} meals for the day. Guard arent mandatory to where the masks but we are, and the guards or C.O's are the ones bringing covid-19 to consemeriate US. If a inmate catches it, it will spreed like wild fire. State and Warden is liable for every person in this facility. Definately feel human rights are being violated. Guards dehumanize up and dont even treat us like a person, worse then a animal.

page 2

4/27/2020

Inmates are getting punished and denied our third time for something we cannot control. So inmates who could possibly be home soon if not already is doing extra time, because where being denied to see committee. We can't get quarterly packages or order things from mainline catalog. Prison haven't let us no all symptoms or signs of Corona Covid-19, from spots on feet or toes. Were not told how long we will be stuck on 24/7 Quarantine or hold. Inmates are depressed and having severe anxiety, from missing or worried about thinking of family members. My asthma and breathing has got worse its time where its so hot i can barely breathe in my cell. Nurse denied me my albuterol inhaler and told me i dont have asthma, when i get an inhaler every month for my whole life. Think more focus needs to be on inmates still incarcerated imprisoned in dirty, unsanitary prison. If committee can come see people in reception so peoples 33% and 66% who kick in they would be home faster, which will create more space for other incoming inmates. Inmates being held in the county jails, just sitting waiting to get to prison to start there mile stones programs to help get them back on the streets faster. Money not being made from state for all these inmates just sitting. Really hope someone can help before it gets worse for US. I Robert Moore Robert Moore approve can saying its OK to share my letter. Appreciate Bog and your time.

Thank You Proje University Project of San Quentin
Prison

Sincerely,

Robert Moore - BL6735

4/27/20

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